

A photograph of two men on a golf course. The man on the left is wearing a blue vest over a pink and white striped shirt, a white cap, and khaki pants. The man on the right is wearing a red polo shirt, a red cap, and khaki pants. They are both looking down at a golf club on the grass. In the background, there are trees and a golf bag on a cart.

2024 Coaching Programs

DARREN FALK GOLF



Meet Darren

Darren helps students break their scoring barriers using a systematic approach to fit each individual. Through In-Person and Online Coaching, students are guided toward their goals receiving Stats Tracking, Customized Practice Plans, and 24/7 Support.

Through his career, Darren has been privileged to work at many distinguished golf clubs:

- Chevy Chase Club (Chevy Chase, MD)
- The Country Club (Brookline, MA)
- Prouts Neck Country Club (Scarborough, ME)
- Ritz Carlton Golf Club (Jupiter, FL)
- The Bears Club (Jupiter, FL)

Certifications:

- PGA Certified Professional (Instruction)
- Stack and Tilt Authorized Instructor
- Flatstick Certified Instructor
- Wedge Matrix Accredited Instructor
- Scott Cowx Certified Instructor
- Flightscope Certified Professional

Awards:

- Ranked #5 Golf Instructor in Mass.
- (NorthEast Golf Magazine)
- Gold Digest Best Teachers in State (2024-2025)
- Golf Digest Best Young Teachers (2021 - 2024)
- New England PGA Player Development Award (2024)
- Cape Cod PGA Teacher of the Year (2021)



The background of the image shows a golf course setting. In the foreground, a person in a red shirt and white pants is partially visible. To their right, a camera is mounted on a tripod. Further back, another person in a pink and white striped shirt is visible. The scene is set on a green lawn under bright daylight.

Do you hit it great during a lesson but struggle when practicing on your own?

Do you have trouble taking your game to the golf course?

Find yourself endlessly searching Youtube for the next "quick fix"?

Frustrated by never improving despite frequent practice?

You will learn exactly what you need to play the golf of your dreams. And most importantly, you will have a coach with you every step of the way.

Limited Spaces Available!

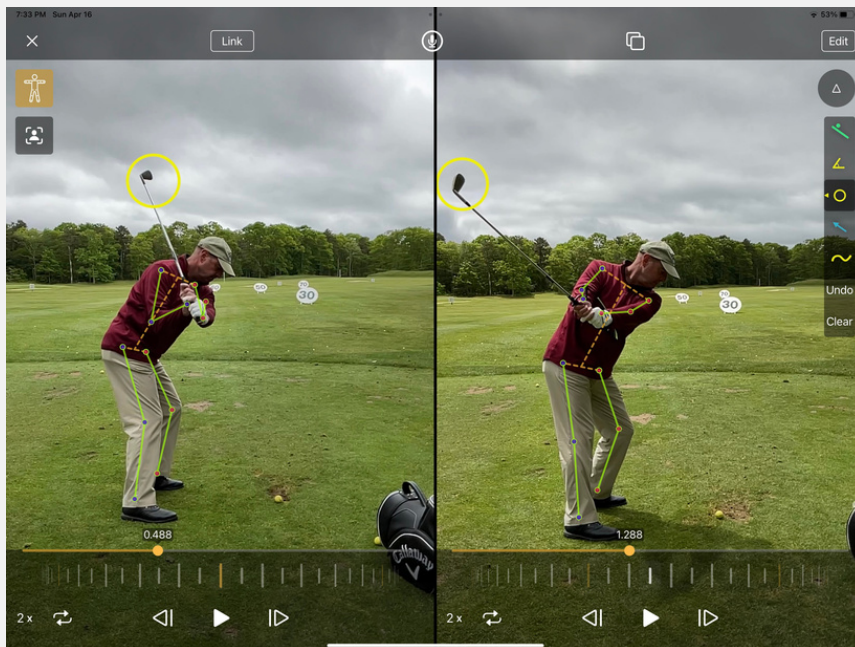
Private Instruction

Spend your time focusing on what YOU need to play better golf and have more fun.

Private Lessons utilize Video Analysis, Flightcope Radar Technology, and Capto Golf Putting Technology.

Private lessons includes video recap of what we worked on, and what drills and steps need to be practiced.

Measure your game so you know what you need to improve.



	1	2	3	4	5	6	7	8	9	Out
F	516	355	309	372	449	192	444	165	388	3190
B	478	341	309	372	449	192	416	165	388	3110
R	415	308	263	292	363	151	380	135	317	2624
C	15	9	17	5	1	11	3	13	7	
M	5	4	4	4	4	3	4	3	4	35
Men's Par	5	4	4	4	4	3	4	3	4	35
A	5	5	4	5	4	5	4	4	5	42
B	0		0	0	0		0			5/7
C	0				0		0			3/9
D	0	0	0		0		0		0	6/9
E						0				
F	2	2	2	1	2	2	2	2	2	17
Ladies' Par	5	4	4	4	4	3	4	3	4	35
Ladies' HCP	5	7	15	9	1	17	3	13	11	
Green	415	308	263	292	363	151	380	135	317	2624
Red	408	285	256	286	316	151	318	130	311	2461

Personal Stats Tracking

Track your on course stats relative to your ability level and desired goals.

Stats tracking will help serve as the base to which your program is built around.

Practice Plans

Know exactly how to work on the key skills that will help lower your scores.

Your coach will provide you with practice plans that align with your goals and commitment level.

Make Practice Fun!

May Practice Plan



Prepared For: Art Vandelay

	Week 1	Week 2	Week 3	Week 4
Full Swing				
Warm Up with Wedges	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls
Block Practice Drill -	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls
Skill Practice -	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls
Game Practice -	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls	20 - 25 Balls
Dates Completed				
Chipping/Pitching				
Chipping Warm Up- Technique Focus	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Chipping Trajectory - Low, Medium, High	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Bunker Practice -	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Dates Completed				
Putting				
Putting - Baseline Drill	15 Minutes	15 Minutes	15 Minutes	15 Minutes
Putting - Gate Drill	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Putting Game - Spiral Drill	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Putting Game -	10 Minutes	10 Minutes	10 Minutes	10 Minutes
Dates Completed				
At Home				
Head Against the Wall Drill	30 Slow reps/day	30 Slow reps/day	30 Slow reps/day	30 Slow reps/day
Follow Through Drill	30 Slow reps/day		30 Slow reps/day	30 Slow reps/day
Dates Completed				

Notes

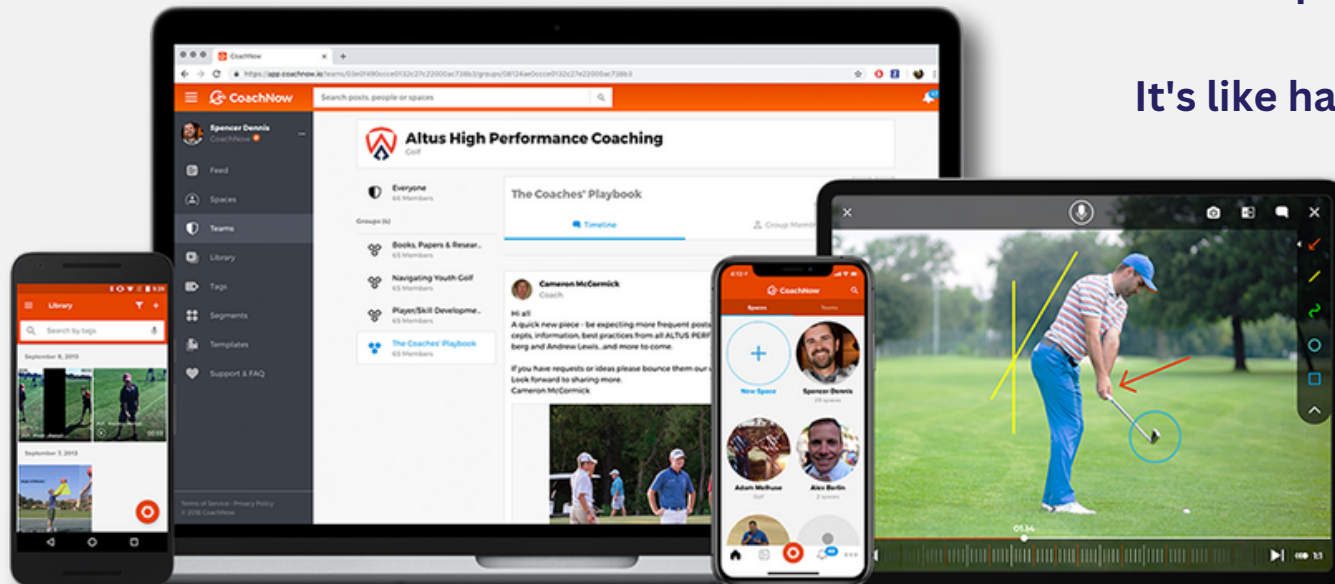
24/7 Support

You will have access to your own personalized training space. Your space can be accessed via app or on your computer.

In this training space is where you will find your practice plan, lesson videos, stats tracking and personal benchmarks.

You will have full access to your coach to answer any questions, discuss details of practice sessions, and

It's like having a coach in your pocket!



Programs Options:

<u>Par Program</u>	<u>Birdie Program</u>	<u>Eagle Program</u>
1 Hour of Private Instruction	2 Hours of Private Instruction	4 Hours of Private Instruction
Stats Tracking	Stats Tracking	Stats Tracking
Practice Plans	Practice Plans	Practice Plans
24/7 Online Support	24/7 Online Support	24/7 Online Support
\$225/Month	\$350/Month	\$600/Month

***Lessons expire 30 days after start of the program.
They do not carry over to the next month.**

***Your credit card will be billed monthly until you decide to cancel.**

Online Programs:

Single online lesson - \$95

Detailed video analysis of your golf swing.

Customized video of myself demonstrating exactly what you need to work on and how your swing/body will work.

Customized drills that will help you integrate any changes required.

Online Coaching Program - \$250*

Unlimited Video Analysis/Online Lessons

Stats Tracking

Personalized Practice Plan

24/7 Online Support

**Your credit card will be billed monthly until you decide to cancel.*

Private Lessons

\$150/Hour (Individual)

\$175/Hour (2 People)

\$250/Hour for a group of up to 4

Group Clinics

Putting, Chipping/Pitching, Irons, Driver

\$95

**Minimum of 4/Maximum of 6
90 Minutes**

